

Martha's Vineyard

CHICKEN FILLET BURGER, CREAMED POTATO, VEG & GRAVY

A chicken fillet coated with a light spiced batter, served with crisp lettuce and mayonnaise in a toasted bun garnished with creamed potatoes, fresh vegetables and gravy

BANGERS, BAKED BEANS & HOME-MADE CHIPS
Prime pork sausages garnished with home-made chips and baked beans

BANGERS, MASH, VEG & GRAVY
Prime pork sausages garnished with creamed potato, fresh vegetables and gravy

CHICKEN CARBONARA
Strips of chicken simmered with smoked bacon and garlic, finished with cream and tossed with penne pasta

CHICKEN TENDERS, BAKED BEANS & HOME-MADE CHIPS

Tender strips of chicken coated in a lightly spiced batter garnished with home-made chips and baked beans

CHICKEN TENDERS, CREAMED POTATO, VEG & GRAVY
Tender strips of chicken coated in a lightly spiced batter garnished with creamed potatoes, fresh vegetables and gravy

HOT DOG, BAKED BEANS & HOME-MADE CHIPS
Pork sausage served in a soft toasted torpedo roll garnished with home made chips and baked beans

HOT DOG, CREAMED POTATO, VEG & GRAVY
Pork sausage served in a soft toasted torpedo roll garnished with creamed potato, fresh vegetables and gravy

Childrens meals £3.75

All the above meals are served with a choice of soft drink or Mr. Wadi Fruit Boost

CREAMED POTATO & GRAVY
Creamed potato served with gravy **£1.95**

POTATO & SOUP
A bowl of vegetable soup garnished with a scoop of creamed potato **£1.95**

STARTERS

HOME-MADE VEGETABLE SOUP
Freshly prepared vegetable soup served with an oven baked white roll **£2.75**

CHILLI CHICKEN SKEWERS
Grilled chilli & soy infused chicken kebabs served with a mixed leaf salad and a mango & lime mayonnaise **£3.50**

GREEK SALAD
Baby cos lettuce with feta, black olives & garlic croutons drizzled with olive oil **£3.50**

MUSHROOMS STUFFED WITH GARLIC & CREAM CHEESE
Button mushrooms stuffed with garlic & cream cheese, coated in golden breadcrumbs & deep-fried, served with garlic mayonnaise **£3.50**

BLACKENED SHRIMP
Pan fried marinated tiger prawns coated in cajun spices with a tomato & mustard mayonnaise **£3.95**

GOATS CHEESE BRIOCHE
Baked Goats cheese with a tomato & onion chutney served with toasted brioche **£3.50**

PRAWN MARIE-ROSE SALAD ©
North Atlantic prawns smothered in a cognac flavoured seafood sauce served with a tossed leaf salad & toasted wheaten bread **£3.50**

CHEESY GARLIC BREAD
£2.95

FISH DISHES

PAN FRIED SEABASS
Pan fried fillet of seabass served with steamed spinach & spring onion with a lemon and chive butter sauce **£12.95**

BATTERED SCAMPI
Freshly battered scampi served with a tartar dip **£11.95**

BAKED SALMON FILLET ©
Oven baked fillet of salmon with a light fennel & lemon cream sauce **£11.95**

PEPPERED MONKFISH ©
Peppered monkfish served with a ginger & pineapple salsa and sautéed Pak Choy **£12.95**

BAKED FILLET OF COD ©
A baked fillet of cod served with lyonnaise potatoes & crispy bacon served with a light butter cream sauce **£11.95**

SPICED SALMON FILLET
Lightly spiced fillet of salmon on a bed of oriental veg and noodles surrounded with a sweet chilli cream sauce **£11.95**

© Coeliac options, please ask your waiter/waitress. Menu may contain traces of nuts.

If your service was excellent and you wish to tip. Please give the tip directly to your waiter/waitress.

SIDE ORDERS £2.50

All main courses include one side order of your choice

Vegetable of the Day • Tobacco Onions • Creamed Potato • Garlic Potato • Baked Potato • Chips • Champ • Garlic Bread • Sauté Onions • French Fried Onions • Mushrooms • Sour cream & chilli potato skins • Creamy garlic mushrooms

A la Carte Menu

www.thebrunswicksuperbowl.com

Brunswick Lane, Pennyburn, BT48 0LU

MEAT DISHES

HOME-MADE BEEF LASAGNE

Fresh pasta layered with ground beef and a rich bolognese and bechamel sauce finished with grated mozzarella & oven baked

£8.95

MARTHA'S SPECIAL SIRLOIN STEAK

Grilled 12oz sirloin steak served with traditional French fried onion rings & creamy garlic button mushrooms

£14.95

TOBACCO FILLET STEAK

Grilled 10oz fillet steak on a bed of roasted shallot mash topped with tobacco onions with a claret & balsamic dressing

£16.95

ROAST STUFFED FILLET OF PORK

Roast fillet of pork stuffed with buffalo mozzarella and plum chutney wrapped in parma ham with a red wine jus

£11.95

PAN FRIED BREAST OF DUCK

Pan fried breast of duck on a bed of crispy stir fried veg glazed with a sweet Indonesian jus

£11.95

MARINATED RUMP OF LAMB

Thyme and garlic marinated rump of lamb served with roasted crushed baby potatoes and wilted spinach finished with a rich balsamic and red wine jus

£11.95

12oz SIRLOIN STEAK

Grilled 12oz sirloin steak served on a bed of creamed potato with a slow roasted gravy

£13.95

10oz FILLET STEAK

Grilled 10oz fillet steak served on a bed of creamed potato with a slow roasted gravy

£15.95

Please allow 30 mins for cooking time if you select well done duck, lamb, or steak from the menu. Thank you.

VEGETARIAN DISHES

SLOW ROASTED STUFFED PEPPERS

Whole peppers stuffed with a ratatouille salsa, feta, cannelli beans & spinach served with an orange & walnut salad OR a side order/salad of your choice

£9.95

GOATS CHEESE TARTLET

Oven baked goats cheese puff pastry tartlet with tomato & chilli served with a tossed salad OR a side order/salad of your choice

£9.95

VEGETABLE CURRY

Seasonal & Asian vegetables simmered in a medium curry sauce served with Basmati rice

£9.95

SAUCES £1.95

- Creamy peppercorn • White wine & mushroom
- Cajun cream • Diane

CHICKEN DISHES

MARTHA'S CHICKEN SUPREME

Roast supreme of chicken topped with tobacco onions on a bed of lyonnaise potatoes served with a garlic & bacon cream sauce

£10.95

CHILLI AND GINGER CHICKEN

Supreme of chicken marinated in lime, chilli and root ginger with stir fried veg and a sweet chilli cream sauce

£10.95

MARTHA'S CHICKEN GOUJONS

Tender strips of chicken coated in crispy breadcrumbs with a duo of BBQ & garlic mayonnaise dips

£9.95

ASIAN STEAMED CHICKEN

Steamed fillet of chicken stuffed with chilli & soy infused asian vegetables & noodles served with a sweet chilli & plum glaze

£10.95

CLASSIC CHICKEN CAESAR SALAD

Tender strips of grilled chicken served with baby cos lettuce, crispy bacon, garlic croutons & a classic Caesar dressing

£8.95

BLACKENED CHICKEN ESCALOPE

Butterfly breast of chicken fillet dusted with cajun spices and topped with tobacco onions served with a sauce of your choice

£10.95

CHICKEN CARBONARA

Tender strips of chicken simmered with smoked bacon and garlic, finished with cream and tossed with penne pasta

£10.95

MARTHA'S CHICKEN CURRY

Tender strips of chicken with sautéed onions simmered in a medium curry sauce served on a bed of basmati rice

£10.95

CHICKEN MARYLAND

Tender breaded breast of chicken served with crisp bacon, banana and pineapple fritters

£10.95

GRILLED CHICKEN ESCALOPE

Butterfly escalope of chicken with tossed salad

£8.95

CHILDREN'S MENU

BEEF BURGER, BAKED BEANS & HOME-MADE CHIPS
100% ground beef served with crisp lettuce and sliced tomato in a toasted bun garnished with home-made chips and baked beans

BEEF BURGER, CREAMED POTATO, VEG & GRAVY
100% ground beef served with crisp lettuce and sliced tomato in a toasted bun garnished with creamed potato, fresh vegetables and gravy

PASTA BOLOGNAISE

Penne pasta tossed with ground beef in a bolognese sauce

CHICKEN FILLET BURGER, BAKED BEANS & HOME-MADE CHIPS

A chicken fillet coated with a light spiced batter, served with crisp lettuce and mayonnaise in a toasted bun garnished with home-made chips and baked beans

Enquiries/Booking Hotline: NI: 028 7137 1999 ROI: 048 7137 1999

Always offering the best deal on E's